## **Becoming Inspirational Teachers**and Role Models



#### **Bio Data**

Ш	Human Development. Was Chairman of the English Society of South Africa. He was a lecturer in didactics and methodology at IPSA.
	He embraced the Muslim School Movement in 1987 and since he has been a headteacher of three schools.
	He has conducted numerous workshops in Australia, ,Bangladesh,United States,Canada,England,Jeddah,Doha,Dubai,Nigeria,Lusaka,Zimbabw e and Mozambique.
	He was one of the founding members of Ams-South Africa. He is an advisory member of IBERR-International Board of Educational Research and Resources.
	He also conducts in —service training for business corporations. As a Parenting Expert and a Marriage Counsellor he conducts workshops on these topics. Youth Leadership is another area of his focus. He is a regular guest on local and imternational radio stations.

# Why do we need inspiration?

## Look around.What do you see?

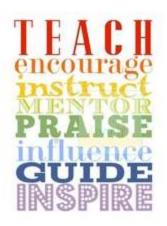
# What do our children need?

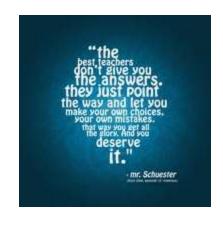
Children Are... AMAZING, acknowledge them BELIEVABLE, trust them CHILDLIKE, allow them DIVINE, honor them ENERGETIC, nourish them FALLIBLE, embrace them GIFTS, treasure them HERE NOW, be with them INNOCENT, delight with them JOYFUL, appreciate them KINDHEARTED, learn from them LOVABLE, cherish them MAGICAL, fly with them NOBLE, esteem them OPEN MINDED, respect them PRECIOUS, value them QUESTIONERS, encourage them RESOURCEFUL, support them SPONTANEOUS, enjoy them TALENTED, believe in them UNIQUE, affirm them VULNERABLE, protect them WHOLE, recognize them XTRASPECIAL, celebrate them YEARNING, notice them ZANY, laugh with them

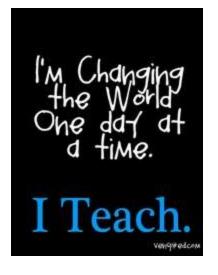




















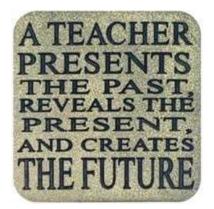








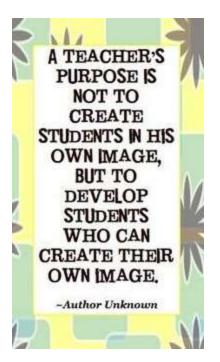


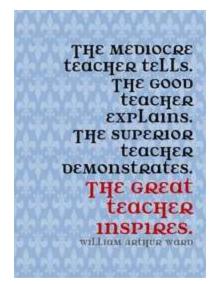


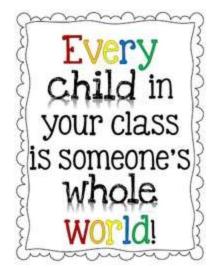
TEACHERS change the world one SCHILD at a time











I TEACH for a living...
What's your
SUPERPOWER?





## **Becoming Inspirational Teachers and Role Models**



"I have come to a frightening conclusion.

I am the decisive element in the classroom.

It is my personal approach that creates the climate.

It is my daily mood that makes the weather.

As a teacher I possess tremendous power

to make a **child's life** miserable or **joyous**.

I can be a tool of torture or an **instrument of inspiration**.

I can humiliate or **humour**, hurt or **heal**.

In all situations, it is my response that decides whether a crisis will be escalated or de-escalated, and a child humanized or de-humanized."

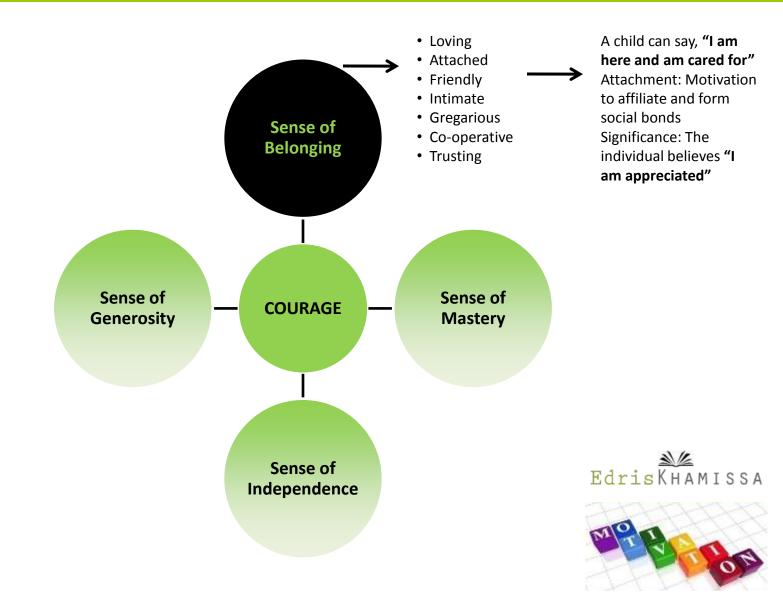
Quote by Haim Ginott
 (Teacher & Child Psychologist)

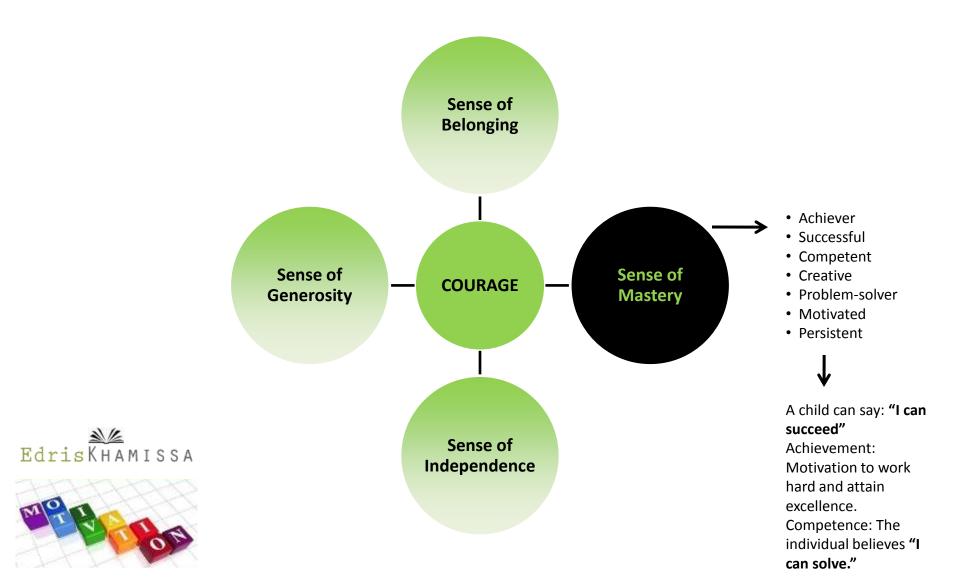


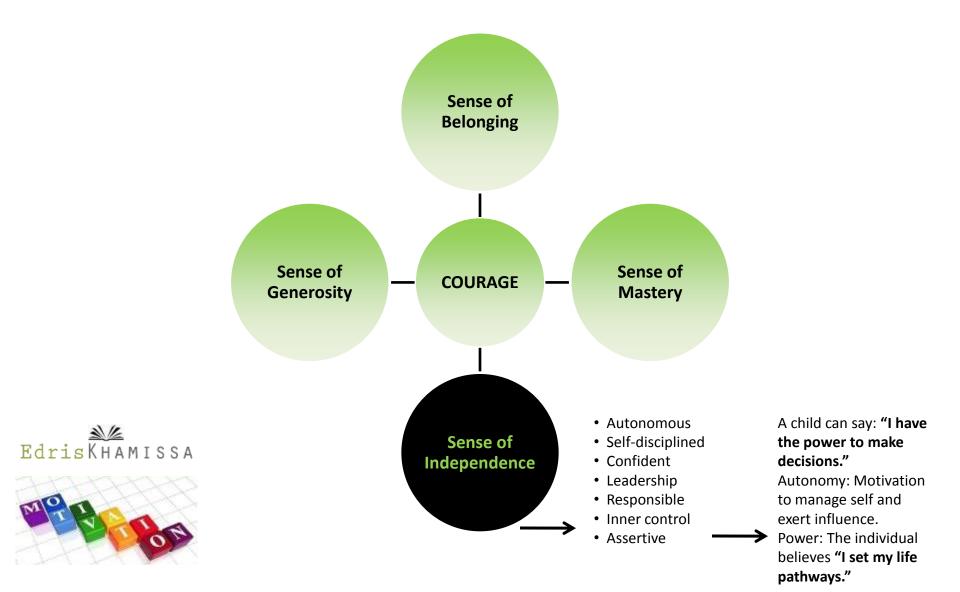


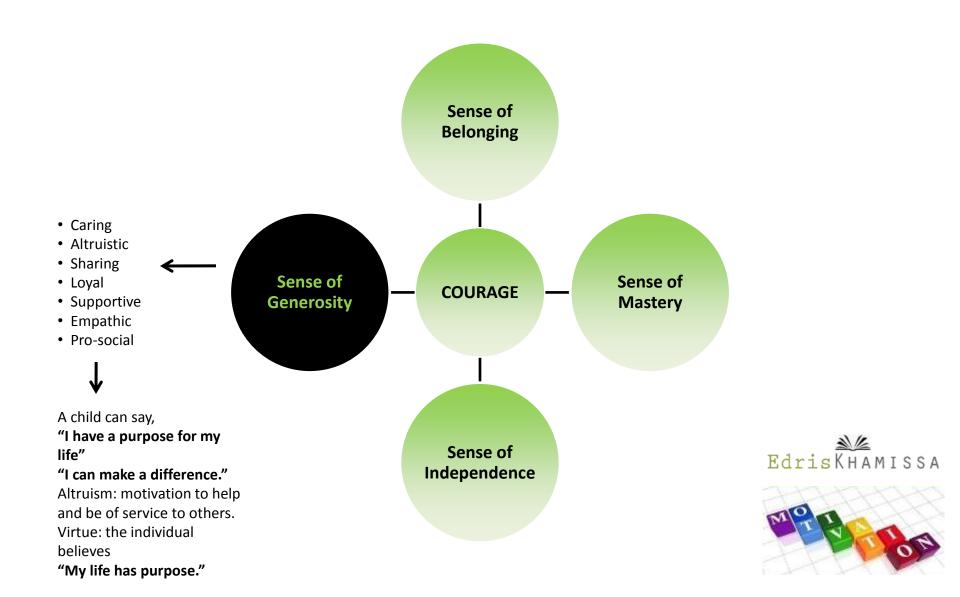


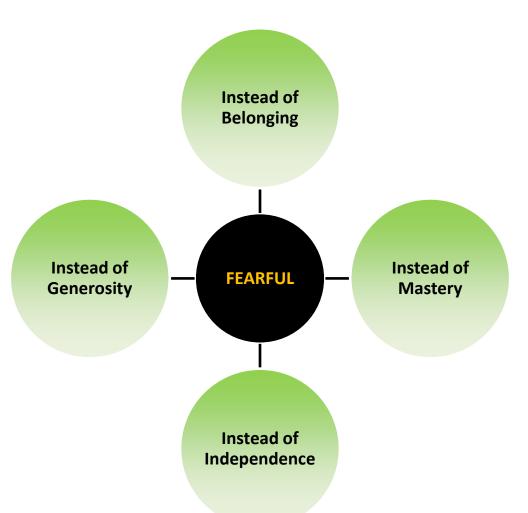






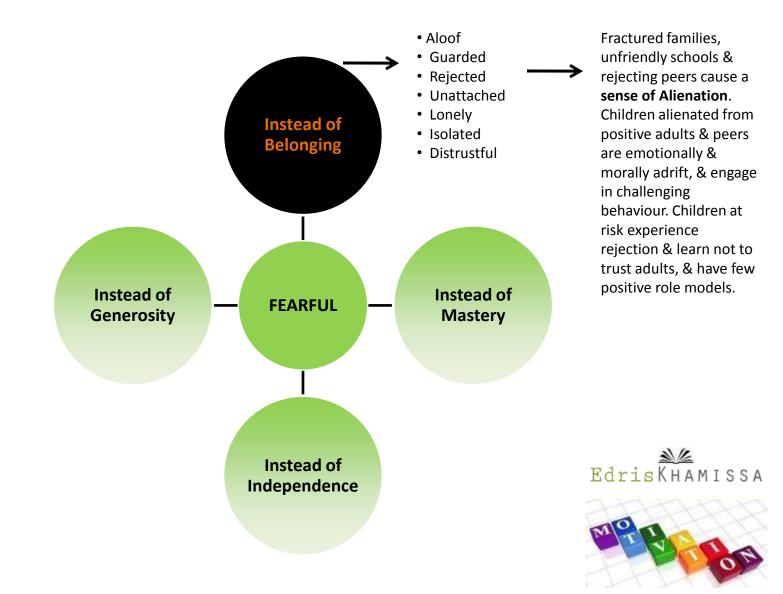


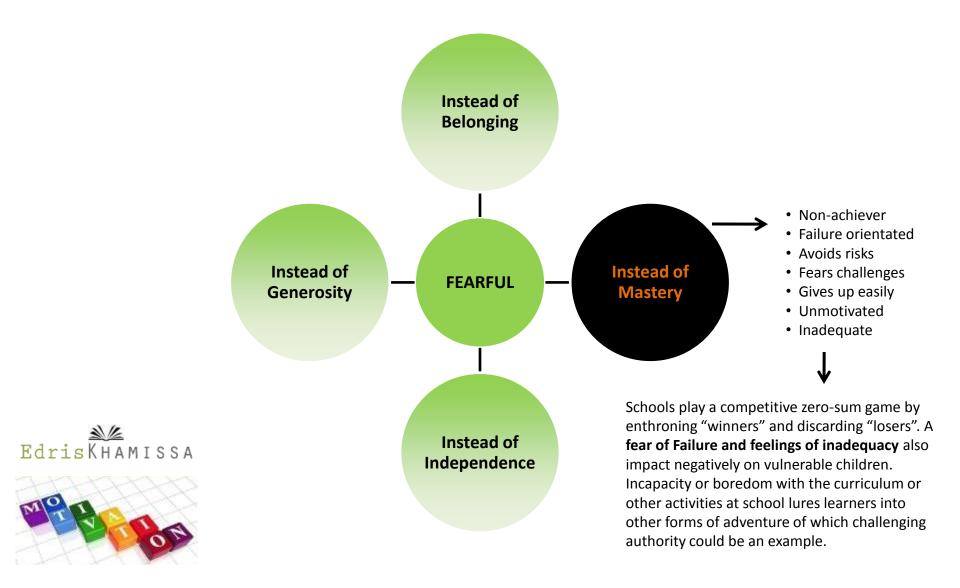


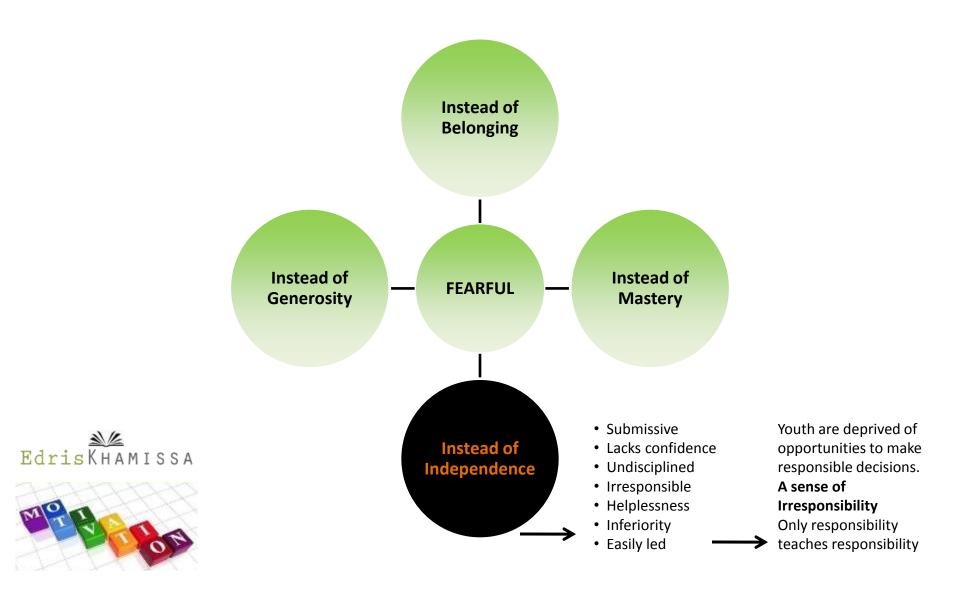


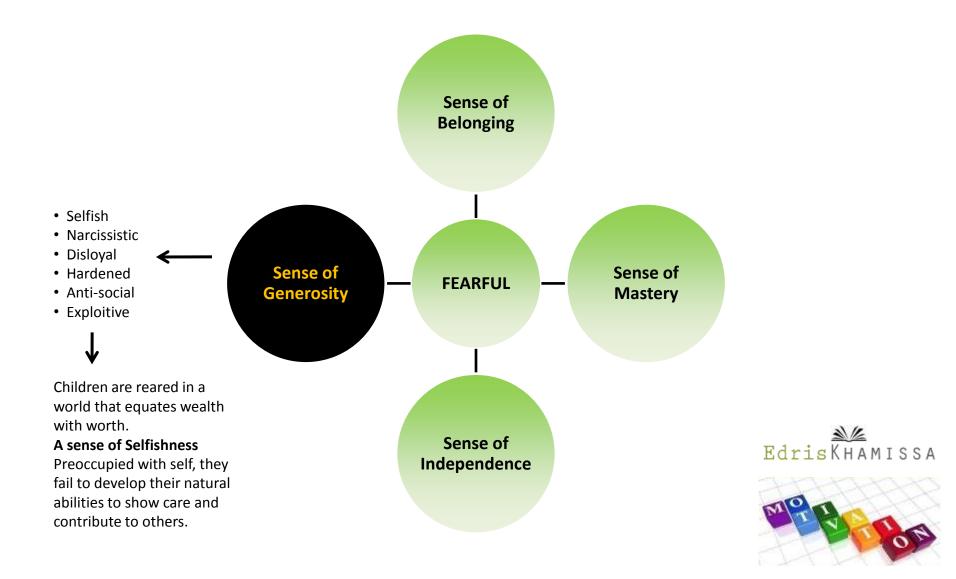












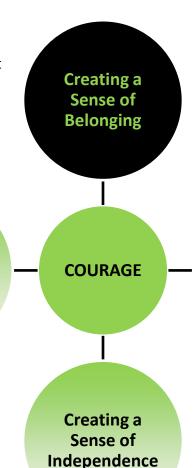
Creating a

Sense of

Generosity

#### Creating a welcoming school environment where learners feel a part of caring community

- Do we have hiring practices in place that help ensure that we hire educators who truly care about learners?
- Have we examined our registration and enrolment procedures, especially for learners coming from other schools with histories of school failure?
- Do our practices make new learners feel welcome and send the message that they belong in our school?
- Are our school policies inclusive rather than exclusive?



#### Mending a Broken Spirit

Creating a

Sense of

**Mastery** 

- Create a cohesive classroom environment where each learner can feel like an important member
- Give positive encouragement, by using positive and effective communication.
- Recognise individuality and creative talents
- Make sure teach expectations are very clear so learners understand classroom expectations and task assignments
  - Be specific when reinforcing a learner's positive behaviour
  - Attempt to provide in the learner's need, to eliminate the learner's need to "have" to behave in a particular way.





Our Goal: Resilience can be cultivated in troubled learners

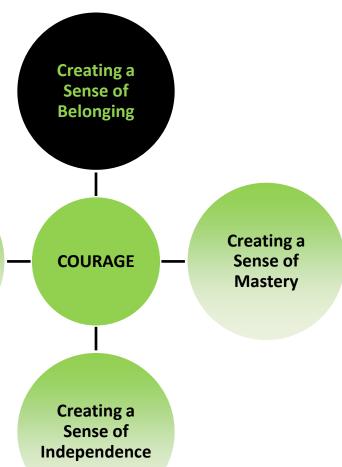
- Resilient children
  - Form positive attachments with educators.
  - Compensating for problem relationships in their families.
  - Have opportunities for achievement
  - Develop skills to cope with stress, for solving problems and for succeeding at school.

**Creating a** 

Sense of

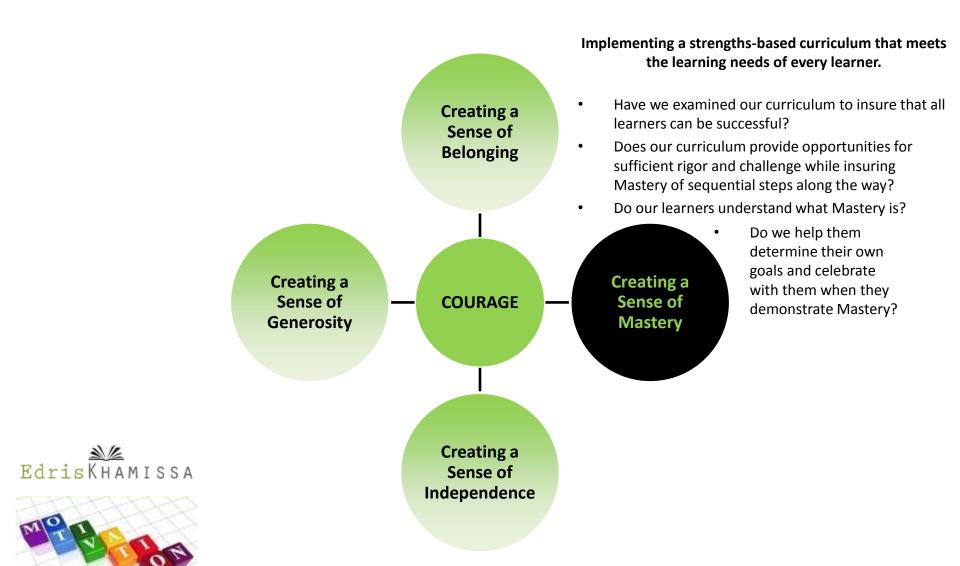
Generosity

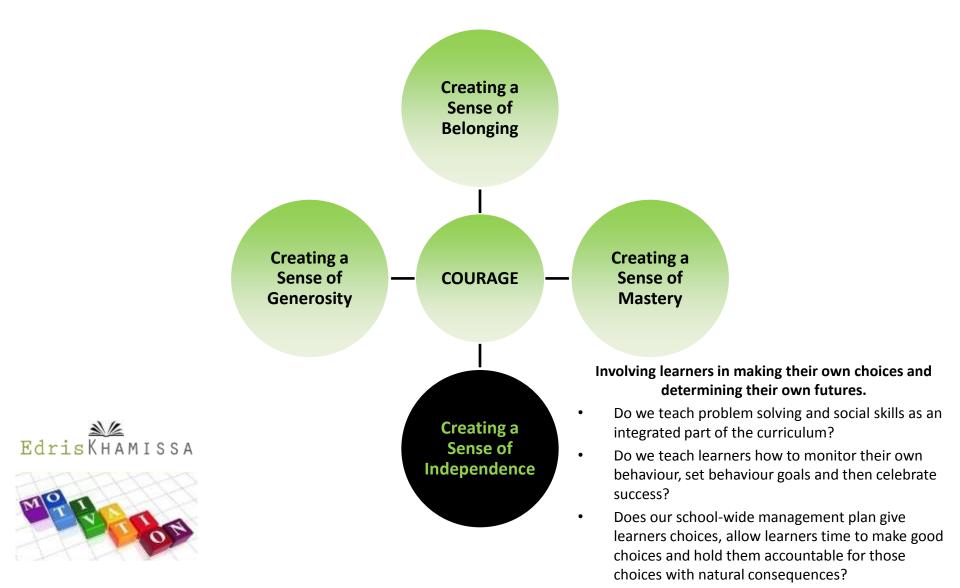
- Develop autonomy and overcome learned helplessness or learned irresponsibility, resist negative influences and take responsibility for their lives.
- Find the purpose in their lives through altruism and service to others

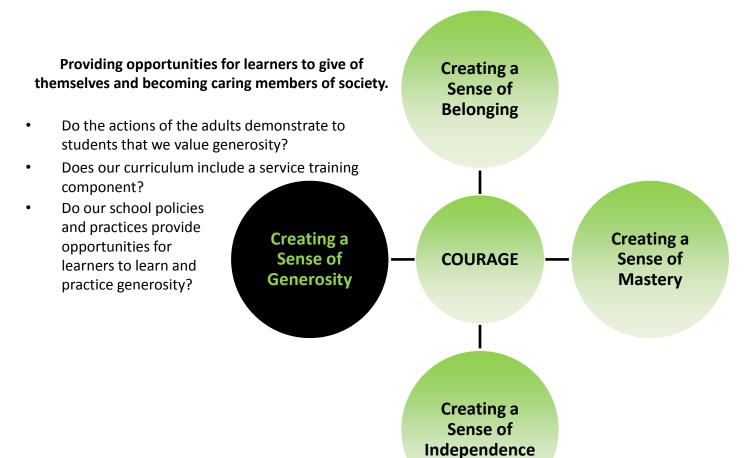




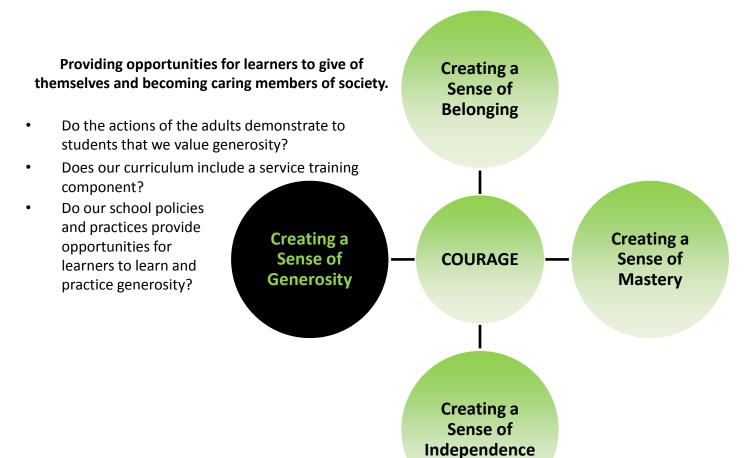














## Everyday, simple procedures to show learners that you care

- Smile and greet learners everyday.
- Converse with learners and address them by name.
- Make sure your first exchange with every learner is positive, even if you need to be on his/her case about something.

Teaching JOY!!

Each child should know some joy each day and look forward to some joyous event for tomorrow.



## **Becoming Inspirational Teachers** and Role Models

"We must look on children in need not as problems but as individuals with potential to share if they are given the opportunity.

Even when they are really troublesome, there is some **good in them**, for, after all, they were **created by God**.

I would hope we could find creative ways to draw out of our children the good that is there in each of them."



- Bishop Tutu, 2002

#### **Learners Needs**

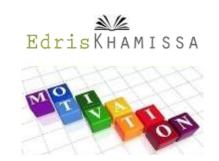
<b>Spirit of Belonging</b>	<b>Distorted Spirit of Belonging</b>	<b>Broken Spirit of Belonging</b>
Attached	Gang loyalty	Unattached
Loving	Craves affection	Guarded
Friendly	Craves acceptance	Rejected
Intimate	Promiscuous	Lonely
Gregarious	Cult vulnerable	Isolated
Trusting	Overly dependent	Distrustful



## **Becoming Inspirational Teachers and Role Models**

- Teachers are role models through inspirational teaching
- Their words are words of encouragement,
   insight and wisdom
- This inspiration can also be based on their sense of caring and kindness





"A teacher affects eternity: he can never tell where his influence stops." -Henry Adams

The important thing is not so much that every child should be taught, as that every child should be given the wish to learn. –John Lubbock

"Those who educate children well are more to be honored than they who produce them; for these only gave them life, those the art of living well." –Aristotle "There are two kinds of teachers: the kind that fill you with so much quail shot that you can't move, and the kind that just gives you a little prod behind and you jump to the skies." –Robert Frost

"The mediocre teacher tells. The good teacher explains. The superior teacher demonstrates. The great teacher inspires." –William Arthur Ward

"When you study great teachers ... you will learn much more from their caring and hard work than from their style." –William Glasser



"The Master said, 'A true teacher is one who, keeping the past alive, is also able to understand the present.' (Analects 2.11)" –Confucius

"The average teacher explains complexity; the gifted teacher reveals simplicity." -Robert Brault"

If kids come to us from strong, healthy functioning families, it makes our job easier. If they do not come to us from strong, healthy, functioning families, it makes our job more important." – Barbara Colorose

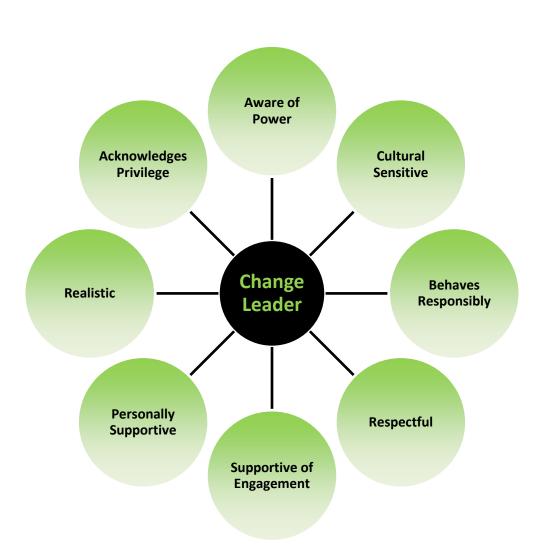
"Teaching kids to count is fine, but teaching them what counts is best." -Bob Talber

"Education is not to reform students or amuse them or to make them expert technicians. It is to unsettle their minds, widen their horizons, inflame their intellects, teach them to think straight, if possible." –Robert M. Hutchins

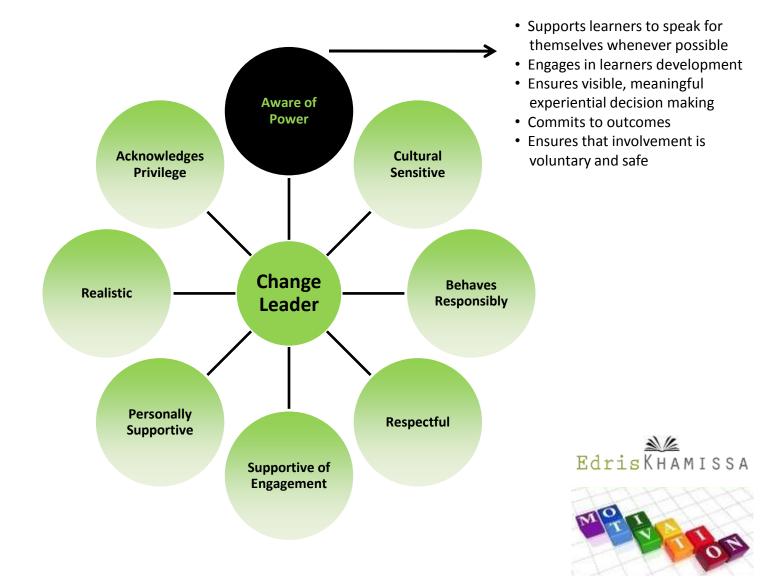
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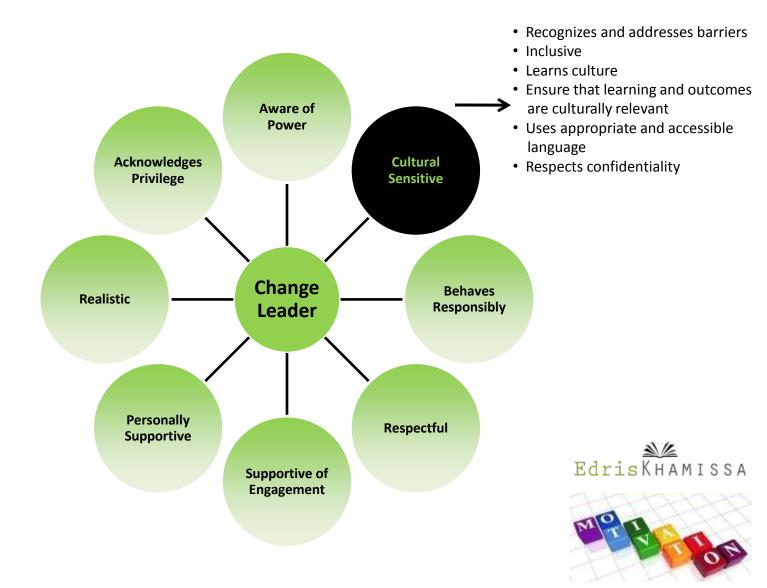
"They may forget what you said but they will never forget how you made them feel." -Carol Buchner

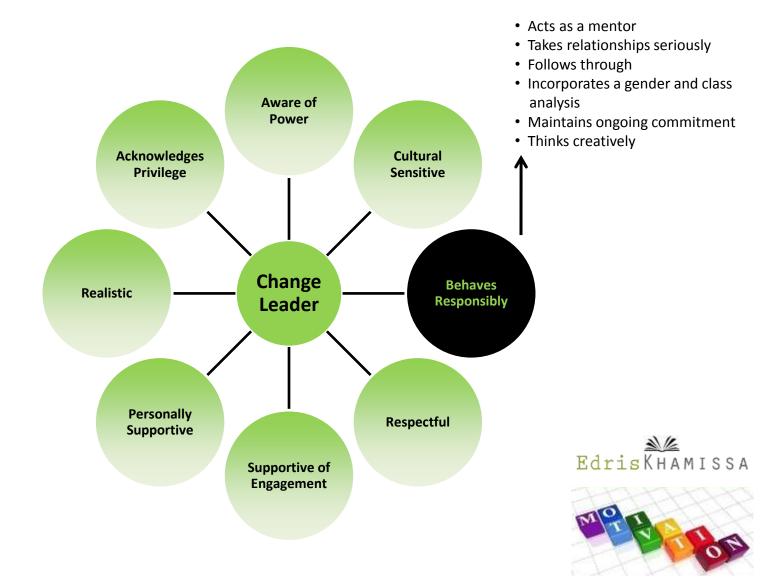
"The ultimate measure of a man is not where he stands in moments of comfort, but where he stands at times of challenge and controversy." –Martin Luther King, Jr.

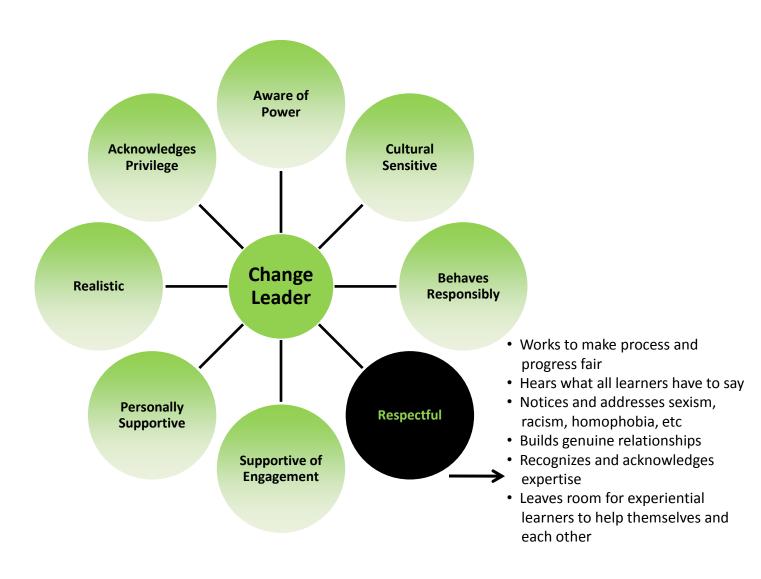


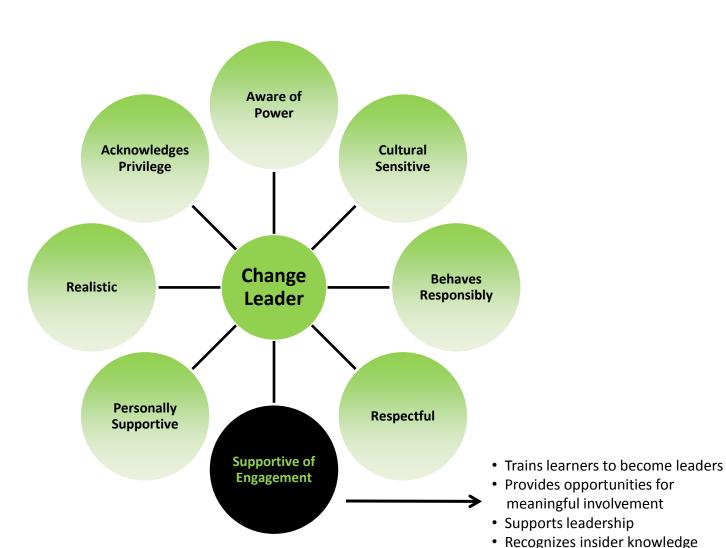


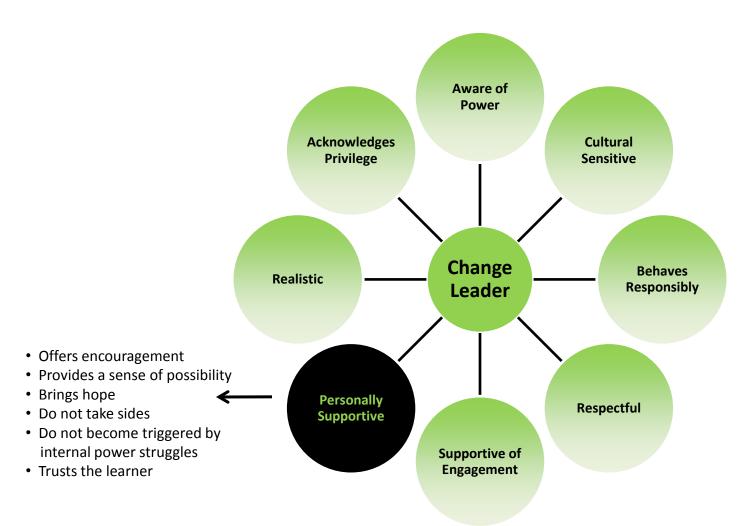






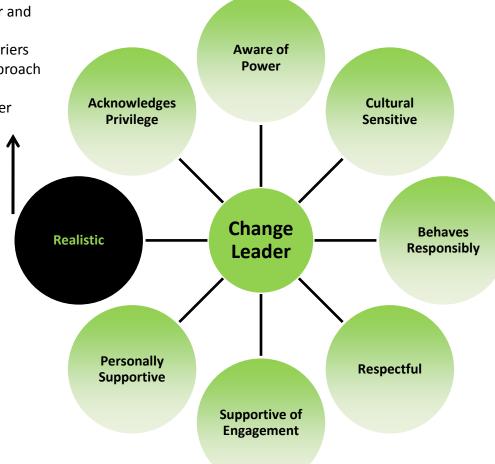






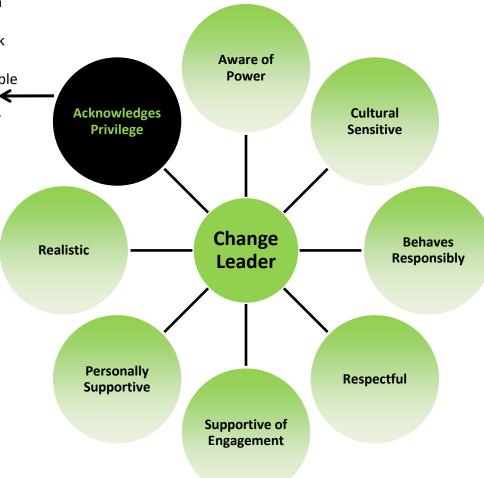


- Flexible
- Patient
- Make sure projects are clear and concise
- Committed to removing barriers
- Uses a multi disciplinary approach
- Pragmatic and resourceful
- Willing to take risks for better learner outcomes





- · Acts as an interpreter
- Functions as a bridge between cultures
- Uses privilege to do good work
- · Focuses on action
- Allow learners to be accountable
- Works to change attitudes
- · Assist with personal insecurity





- Let's all participate and give others a chance
- Let's not interrupt
- Let's raise our hands if we want to contribute
- Let's listen to others when it's their turn to speak
- Let's not "put people down" or laugh at their contributions
- Let's give and take constructive feedback
- Let's challenge and question
- Let's know it's okay to risk
- Let's be honest
- Let's keep it confidential
- Let's be punctual
- Let's take, try on and see what fits
- Let's look at process as well as content
- Let's go with the flow
- Let's think about how we can take this forward
- Let's have fun





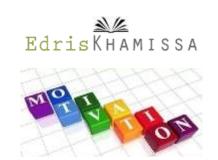
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# Turn Problems into CHALLENGES



#### **Make Positive Connections**

#### Trust

- We seek out people with whom we feel comfortable
- When trust is built, we open up, become vulnerable, believing that this person intends no harm
- If persons pose either physical/emotional threat, conditions for genuine trust do not exist

#### Respect

- We gravitate to those who show positive regard and make us feel valued
- We retreat from those who make us feel devalued or detested
- Learners respond best to Educators who recognise their strengths and worth
- Learners avoid those who treat them with disrespect

#### Understanding

Learners connect to those who empathise to our needs

"Children need teachers who are emotionally grounded and intellectually challenged; who teach like nobody's watching and like they don't need the money." -Maurice Sykes





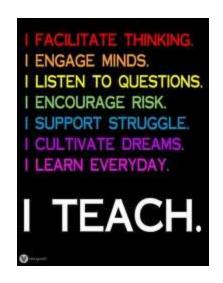
#### **How to Connect or Disengage**

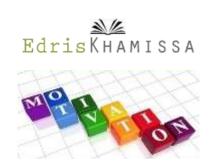
#### Connect

- If a person sows friendly intentions and is "interesting" to us,
   we are curious and motivated to approach.
- We exchange eye contact, smiles, respectful greetings, handshakes, conversation, humour, and other friendly connections.
- If the person responds in kind, we connect.

#### Disengage

- If our connection is greeted with indifference or hostility, the emotional brain registers a potential threat.
- The result : We avoid persons who make us feel unwanted or uncomfortable.
- Negative cues in facial expressions, voice tone, awkward conversation, etc provides sufficient rationale for avoiding.





#### **Understanding the Learner**

- All actions/behaviours occur in context
- Context in which they occur influences how they occur, what they mean and the outcome
- When considering intervention to any actions, always consider context in which behaviour is occurring
- Developmental needs and behaviour always has to be understood in context of the learner's ecology:
  - The learner's personal space and relationships and the leaner's meaning thereof
  - The learner's immediate situation and daily experiences and the learner's meaning thereof
  - The learner's living environment and the learner's meaning thereof
  - The community in which the learner lives and the learner's meaning thereof

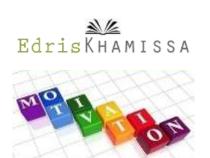




#### **Self-Esteem**

- A child's **behaviour** matches his/her **self-esteem**
- Self-esteem:
  - Underlies all human behaviour
  - Can be a major motivating or inhabiting force





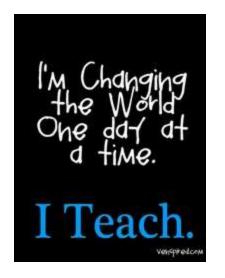
#### **Self-Esteem**

"Fostering self-esteem is a primary goal in socializing all children.

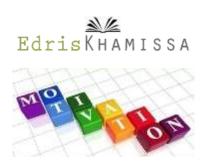
Lacking a sense of self-worth,

a young person from any cultural or family background

is vulnerable to a host of social, psychological, and learning problems."



- Brendtro 2004



#### Possible signs of Unhealthy (Negative) Self-Esteem

Never take 1 sign in isolation, look for a pattern of behaviour

- Arrogant/boastful behaviour
- Aggressive/bulling
- Shy/timid behaviour
- Makes self degrading remarks
- Hesitant in new situations
- Avoid work and afraid of taking risks
- Blames others for failure
- Daydreams often
- Reluctant to assume responsibility
- Belittling of others
- Disruptive
- Lying
- School refusal

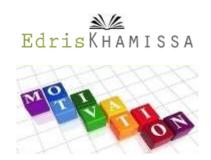




#### Why is a Healthy Self-Esteem necessary?

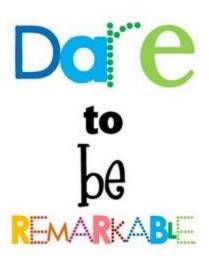
- To reach your full-potential
- Significant relationship between healthy self-esteem and academic achievement at every grade/level
- Affect behaviour, emotional and social interaction





#### The Role of Educators

- Educators and schools are usually the first place where a child's 'imperfections' are released
- The school plays an important role in developing self-esteem that will enable the learner to survive and proposer or fail in this world.

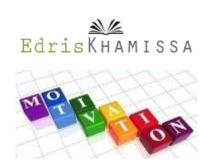




#### **How to Enhance Self-Esteem**

- Focus on learner's strengths (not weakness)
  - What can learner do
  - What can learner achieve
- Reflect a **positive image** to the class
  - Enhancing self-esteem
  - Providing encouragement which gives child motivation to learn and accept challenges and risks





#### **Focus on Positive Characteristics**

- Never under-estimate the power of your (teacher's) words
- Teacher holds the key to the learner's attitude towards
  - themselves and others
  - their learning
  - their achievements
  - their behaviour



- Ameen is lazy ...
- Ameen is relaxed ...
- Fatima is fussy ...
- Fatima is particular with details ...
- Faizal is stubborn ...
   Faizal is determined ...

"When children are struggling and not succeeding... treat them in the present as they are capable of behaving in the future."





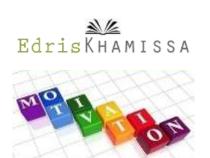
#### **Self-Esteem of the Educator**

• Educators with a healthy self-esteem influence the development of a healthy self-esteem development in their learners.

A learner with a healthy self-esteem very seldom behaves inappropriately or

badly.





#### **Developing a Healthy Self-Esteem**

- Developing a healthy self-esteem is not an add to the curriculum
- Its about the teacher's attitude towards learners
- Express a positive attitude
- Ask learners their opinions
- Provide opportunities for them to make decisions
- Show genuine interest in learners as unique individuals
- False praise is counter-productive
- Positive relationships with learners lead to more effective
- Respect all learners: Separate the learner from the negative behaviour
- **Empathy**: Active listening and other communication skills
- Understand negative behaviours as attempts to maintain self-esteem
- Avoid taking things personally
- Convey realistic expectations



- Respect and honour positive thoughts of oneself and others
- Call upon inner strengths
- Be caring
- Show kindness
- Listen deeply
- Have an open mind and heart
- Do not interrupt
- Discover what others have to share
- Be patient
- Share all thoughts
- Be honest with a sincere heart
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- Speak without shouting

- Choose your words carefully
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- Be willing to make apologies, forgive and forget
- Work genuinely to restore harmony
- Consider all relations





#### **Self-Esteem of the Educator**

- Job satisfaction: Monitor your own stress and apply stress management knowledge (relaxation techniques, affirmations, visualisation, negative thought stoppage, healthy lifestyle).
- Be supportive of colleagues
- Be organised and structured
- Develop a special interest in your professional field and become an 'expert' on the topic
- Make time for a sense of fun and humor (enjoyment)
- Use assertive communication: "I feel + When + Because"
   Eg. I feel upset when you make a decision without me because I feel undervalued, and I would like you to consult with me first.



### Tool to Help Build Positive Relations with Learners who Struggle to Connect in Class

- 2 minutes for 10 consecutive days
- Connect with one learner
- Talk about things that interest the learner
- Do not talk about things you may be concerned about, or that the learner may be in trouble for
- Talk about something learner likes, eg. Sports, outdoors, etc
- Engage in just TWO minute conversation for TEN days in a row

Take note of the change in your relationship with the learner at the end of 10 days



### **Make Positive Word Choices**

AVOID	USE INSTEAD
Must	Should
Lazy	Can do more with effort
Culturally deprived	Culturally different, diverse
Trouble maker	Disturbs class/others
Uncooperative	Should learn to work with others
Below average	Work at his own level
Truant	Absent without permission
Impertinent	Dicourteous
Steals	Takes things without permission

AVOID	USE INSTEAD
Dirty	Has poor grooming habits
Disinterested	Complacent
Stubborn	Insists on having his own way
Waste time	Could make better use of time
Sloppy	Could be neater
Mean	Has difficulty getting along with others
Time and time again	Usually, repeatedly
Poor grade of work	Works below his usual standard





### **Classroom Atmosphere**

Factors to create a conducive atmosphere to the development of a healthy self-esteem	
Challenge	High expectations of behaviour; make work relevant to leaner interests
Freedom	To make meaningful decisions, free of fear of loss of face for making mistakes
Respect	Does each of the learners feel valued?
Warmth	Educator support and commitment to creating a sense of belonging
Control	<b>Do:</b> Be clear about behaviour expectations; be consistent; be organised; remove privileges <b>Don't:</b> Punish the whole class; punish with work; use corporal punishment
Success	Encourage; compare a learner to own previous progress

### What makes Teachers become Inspirational Role Models

#### Show passion for what you do

- It's quite obvious really.... How can you expect a child to have passion for a subject if their teacher doesn't show passion in the way they teach it?
- Children and young people perceive 'poor teaching' to be the biggest barrier to learning.
- Conversely 'more fun / interesting lessons' is held up by children and young people as the single most important factor (and by quite some margin) that would help them do better in school.
- So how can teachers inspire their pupils through the way they teach?



### What makes Teachers become Inspirational Role Models

#### Respect me and I'll respect you

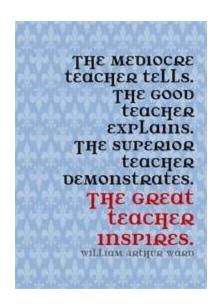
- Teachers have a near impossible task. They need to:
  - be in control of the class without being too autocratic;
  - make pupils feel as though they're being treated like adults while maintaining their authority;
  - empathise with their pupils and 'be on their level' without being condescending;
  - be fair and treat everyone equally while providing sufficient support to those with differing abilities and behaviours.
- When a teacher gets this wrong they come to epitomise the whole problem of being a child in a world controlled by adults.
- When a teacher is able to get this delicate balance right, however, they become a
   powerful role model in representing the ideals of fairness and respect that
   children and young people want to believe can prevail in society.



### What makes Teachers become Inspirational Role Models

Being a positive role model and a true inspiration is about recognising that this doesn't come down to how my students feel about me;

it's about how I can make them feel about themselves.



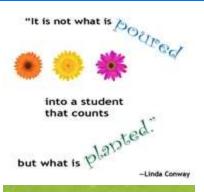


#### **Motivational Quotations for Teachers**

"Children need teachers who are
emotionally grounded and
intellectually challenged; who teach
like nobody's watching and like they
don't need the money." -Maurice Sykes

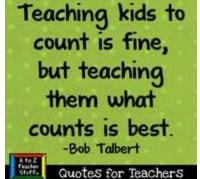


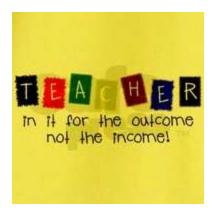
To the world you may be just a teacher but to your students you are a HERO!





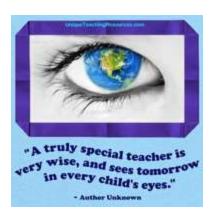






When a child gives
you a gift, even if it is
a rock they just
picked up, exude
gratitude. It might
be the only thing they
have to give, and they
have chosen to give it
to you.

Dean Jackson -LifeintheNow.com





### **Motivational Quotations for Teachers**



















#### **Motivational Quotations for Teachers**



T errific **E** nergetic ble C heerful ardworking **E** nthusiastic R emarkable





#### Top 10 Signs That You Are a Great Teacher

- 1. You see each child as a child, and not a diagnosis.
- 2. You see your class as individuals, not as a drawer full of case files.
- 1. You keep your sense of humor against all odds.
- 4. You deal with upset kids, clustess administrators, and pushy parents with grace and dignity.
- 5. You're not afraid to be flexible and creative.
- 6. You know when to make a stand and when to choose your battles.
- 7. You see parents as allies, not enemies.
- 8. You never give anybody any doubts as to why you went into teaching.
- 9. You love your job, and it shows.
- 10. Your students love you, too.

Thank you for being a great teacher!

It is vital that when educating our children's brains that we do not neglect to educate their hearts. ~Dalai Lama



